Solid Rock Café: This fellowship event takes place each Thursday night after the Large Group Meeting and Open Share Groups as part of the General Meeting Night. It’s a great place to grow relationships of integrity, and identify Accountability Partners and Sponsors.

Sponsors & Accountability Partners: While CR leadership does not assign or facilitate people finding Accountability Partners or Sponsors, we encourage every participant to build a support team for themselves. A Sponsor acts as a mentor, guiding you to the next Step of Recovery and spiritual growth. Accountability Partners journey with you as you hold each other accountable and grow together. Both Accountability Partners and Sponsors must be of the same gender.

Step Study Group: The Step Study Group is a two-hour meeting designed to work through the 12 Steps and 8 Principles, using the Celebrate Recovery Participant’s Guides. These groups will meet on a different night than the General Meeting Night. While the groups may have mixed issues, they are always to be gender specific.

T.E.A.M.: A group of key Leaders/Coaches who have been given specific roles and responsibilities. EAC has a local T.E.A.M. There is also a National T.E.A.M. The T.E.A.M. consists of the following:
• T = Training Coach(es)
• E = Encourager Coach(es)
• A = Assimilation Coach(es)
• M = Ministry Leader(s)

Twelve Steps of Recovery: The 12 Steps of Recovery have long been used to help people overcome their addictions. By applying these steps to the biblical passages on which the principles were based, they can be used to find freedom from any hurt, hang-up or habit.

Want to learn more? Visit us at essexalliance.org/recovery

8/29/13 CR Glossary adapted by JJM from CR ALT M15.3
Welcome to Celebrate Recovery at Essex Alliance Church! Every group has a tendency to develop their own language with specific expressions and terms. CR is no exception, but we never want someone to feel like they’ve been excluded simply because they’re not familiar with the phrases we commonly use. Below is a list of terms we found confusing as we started Celebrate Recovery, and we hope you find it helpful as you start your journey with us.

**Celebrate Recovery:** Celebrate Recovery is a bible-based ministry helping people find freedom from any hurt, hang-up or habit. This program uses the encouragement of the Bible to apply God’s grace and strength to the 12 steps and 8 principles of recovery.

**DNA:** This is a term used to describe the required elements of a Celebrate Recovery Ministry. While certain aspects of the ministry are considered “best practice” but can be customized for an individual group, DNA elements must be maintained if a ministry is going to use the Celebrate Recovery name.

**General Meeting Night:** General Meeting night is on Thursdays at Essex Alliance Church. This night involves a Large Group Meeting, Open Share Groups and a fellowship event—Solid Rock Café.

**H³ (or Triple H):** It is the goal of Celebrate Recovery to have an Open Share Group for every specific issue people are burdened by, but as the ministry continues to grow, the H³ Group (Short for Hurts, Hang-ups & Habits) serves as the Open Share Group for non-chemically dependent issues without a specific group.

**Information Table:** This table is set up on the General meeting night and is designed for two reasons:

1. To provide a place for Newcomers to find answers to questions and find a group to identify with.
2. To distribute flyers for issue-specific groups, and to offer Celebrate Recovery Participant Guides and *The Celebrate Recovery Bible* for purchase or order.

The tables should be staffed with one male and one female Leader, at a minimum, to answer questions and give assistance. Only approved CR resources can be displayed or sold at the Information Table.

**Large Group Meeting:** A component of the General Meeting Night. This is when the entire Celebrate Recovery group gets together for a time of worship, training, lessons or testimony. Lessons taught come from the Celebrate Recovery Leader’s Guide.

**Leader:** A participant of Celebrate Recovery who has completed the requirements of leadership. This includes T.E.A.M. members, Small Group and Step Study leaders, Trainers and other key volunteers. It requires attendance at monthly Leader meetings and a commitment to write and present his/her testimony in a Large Group Meeting.

**Newcomers 101:** A Small Group designed with the Newcomer in mind. This group is offered on the General Meeting Night during the Open Share Groups. Newcomers 101 is a “one-time only” informational meeting to introduce Newcomers to the ministry and to answer any questions they may have. A Newcomer should attend this group before identifying with an Open Share Group.

**Open Share Group:** These small groups meet following the Large Group Meeting on General Meeting Night. The Open Share Groups are intended to provide a safe place for sharing, and do not use the Celebrate Recovery Participant Guides. These groups are to be gender specific and when possible, issue specific.

**Participant Guides:** The Participant Guides are a set of four books (containing 25 lessons) which guide a participant through the twelve steps of recovery. While they follow the themes of the weekly Large Group lessons, they are only required for individuals participating in a Step Study Group. The set is available for purchase at the Information Table.

**Road to Recovery:** This is the term used to describe the Eight Principals of Recovery by Rick Warren taken from the Sermon on the Mount by Jesus in Matthew Chapter 5. They also correspond with the twelve traditional Steps of Recovery. A list of the Eight Principles and Twelve Steps is available in a separate hand-out.

**Small Group Guidelines:** The Small Group Guidelines are the five rules that govern the way Open Share Groups and Step Study Groups conduct their conversations. The Guidelines must be reviewed and enforced in every Open Share and Step Study Group.